

## Dubia Roach Care Sheet

### Setup

- Plastic bin with egg cartons in the container as hiding spots for the roaches.

### Temperature

- Keep the roaches warm.
- Temperature should be around 80-85°F.

### Feeding

#### Food

- Dry chow made for dubias or crickets.
- Fruits such as orange, banana, and strawberry.

#### Water

- Water gels can also be use as another water source.