Bearded Dragon Care Sheet

Starting Supply Checklist (see below for more details):

Terrarium (Baby: minimum 20 gallon; Adult: minimum 40 gallon)

10.0 UVB fluorescent light bulb

50-75 watt spot bulb

Light fixtures

Calcium powder with or without vitamin D3

Temperature gun

Sand-blasted grapevines

Feeder bugs (crickets or dubia roaches)

Substrate (sand, reptile carpet, newspaper, and paper towel)

Ceramic heat emitter

Optional Supplies:

Thermometers/Hygrometer

Timer

Water dish

Feeding dish

Hide

Thermostat

Daytime temperatures:

- 105°F under the basking area
- 80-85°F on the cool side

Nighttime temperature:

• Above 60°F

Feeding:

- Babies Subadult: feed 2-3 times a day with bugs and vegetables/fruit
- Adult: feed 1-2 times every other day, or as needed
- Offer water in water dish, spray bottle, or bath
- Dust feeder bugs with calcium dust before feeding to bearded dragon
- Remove bugs at the end of the day
- Do not recycle foods
- Do not feed anything bigger than distance between the bearded dragon's eyes

Cleaning:

- Clean the cages daily, or as needed
- Disinfect the cage once a month, or as needed

Notes:

- Bearded dragons are best kept as solitary lizard
- A mature male bearded dragon will become territorial
- A mature female bearded dragon may lay eggs

Updated: September 20, 2019